

# HOW WELL DOES BIRTH CONTROL WORK?

What is your chance of getting pregnant?

★★★★★  
Really, really well

The Implant  
(Nexplanon)

IUD  
(Skyla)

IUD  
(Mirena)

IUD  
(ParaGard)

Sterilization,  
for men and women

Works, hassle-free, for up to...

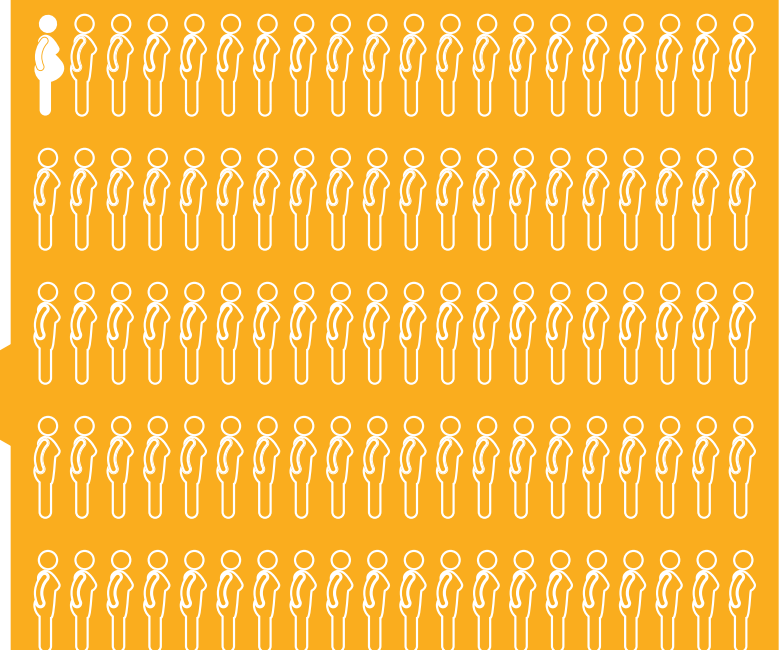
3 years

3 years

5 years

12 years

Forever



Less than 1 in 100 women

★★★  
Okay



The Pill



The Patch



The Ring



The Shot  
(Depo-Provera)

For it to work best, use it...

Every. Single. Day.

Every week

Every month

Every 3 months



6-9 in 100 women,  
depending on method

★  
Not so well



Withdrawal



Diaphragm



Fertility  
Awareness



Condoms,  
for men and women

Needed  
for STI  
protection

Use with  
any other  
method

For each of these methods to work, you or your partner have to use it every single time you have sex.



12-24 in 100 women,  
depending on method

FYI, without birth control,  
over 90 in 100 young women  
get pregnant in a year.